



The I in team

DEVELOPING THE INDIVIDUAL'S CAPACITY TO *COLLABORATE*

Preparing ourselves for the future of work, when automation is everywhere, means that we have to focus on developing what remains fundamentally human: our **ability to sense, intuit, collaborate**, feel emotion and express ideas. When we layer in Agile and project/product-focused teams, **old ways of working no longer serve**.

In this programme, instead of leveraging the collaboration within a team, we focus on leveraging the capability around collaboration in **individuals**, so that when we change team (or work in several teams simultaneously), we bring our ability to collaborate with us.

Collaboration is situational, as we shift away from 'I am this' to 'How can I be?' By developing our Inner Game, we can quickly and easily find answers to questions such as:

- **What do I need to call upon inside of myself, in this collaboration?**
- **What must I reconcile in myself to increase my impact for the team?**
- **What must I let go of, to enable me to be powerful in the situation I find myself in?**

By developing our capacity to collaborate, **our organisations also become more dynamic and agile**. Able to quickly re-shape themselves as the nature of work changes.

Programme participants will simultaneously build awareness of what is 'out there' and what it triggers and enables when it takes shape inside of themselves. Over this course, The Inner Game of Collaboration explores topics critical to our ability to collaborate:

1. Perspective-taking.
2. Empathy.
3. Identity and 'self-collaboration'.
4. Personal values.
5. Working with our 'shadow'.
6. Managing and integrating polarities.
7. Resilience and energy management.

The I in the team is where personal development meets the demands of the changing world of work, with transformative results.

TERMS AND CONDITIONS

- Max. 8 participants per facilitator
- 6 half-day modules or 3 days programme
- Online or face to face